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The background of the entire image is a repeating pattern of pink winged unicorns. Each unicorn is depicted in a running or galloping pose, facing left. They have a light pink body, a darker pink mane and tail, and translucent, iridescent wings that show hints of green and blue. The unicorns are scattered across the entire frame, creating a dense and whimsical background.

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NEW YORK CITY NO. 1 FREE DAILY IN THE U.S.

Thursday, September 6, 2018 metro.us | t: MetroNewYork | f: MetroNewYork

Serena Williams
backs Colin
Kaepernick,
Nike. 23

'IRON FIST'

Finn Jones on stepping up his game for season 2. 18

13 NYC companies make LinkedIn Top
Startups List. 11

JUST PLANE SICK

About a dozen people on an Emirates flight from Dubai to JFK were taken to local hospitals after coming down with flu-like symptoms. 4



Strike a pose and get ready for New York Fashion Week. 14-15

THINGS
TO
KNOWWELCOME TO
METRO.US

EVA KIS, FEATURES EDITOR

As New York Fashion Week begins, one pop-up gallery is reimagining the event decades into the future. Inside the halls of A. Human are webbed hands, cartoonishly large hair, gills like a Tudor collar and a nautilus shell embedded in a woman's heel. Body modification has been in practice for millennia, but reimagined as fashion, A. Human dares to portray a world where conventional beauty is dead and the individual is celebrated.

RESISTANCE INSIDE AD-
MINISTRATION: NYT OP-ED

Many senior officials in President Donald Trump's administration have been working from within to frustrate parts of his agenda to protect the country from his worst impulses, an anonymous Trump official wrote in a column published by the New York Times on Wednesday. In the piece, the official described "early whispers" among members of Trump's cabinet to take steps to remove him as president, but added they decided against it to avoid a constitutional crisis. The official wrote that the root of the problem was that Trump

is amoral and not moored to any discernible principles that guide his decision-making. "It may be cold comfort in this chaotic era, but Americans should know that there are adults in the room," the author wrote. Asked about the column during a White House event, Trump called it a "gutless editorial," bashed the New York Times as "failing," and ticked off economic achievements that he said were proof of his leadership. Staring into the cameras, he said: "Nobody is going to come close to beating me in 2020 because of what we've done."

DOJ PROBE INTO SOCIAL
MEDIA 'STIFLING' SPEECH

The U.S. Department of Justice and state attorneys general will meet this month to discuss concerns that social media platforms are "intentionally stifling the free exchange of ideas," the department said on Wednesday. Its statement did not name Facebook Inc. and Twitter Inc., whose executives testified in Congress on Wednesday, but the firms have been harshly criticized by President Donald Trump and some of his fellow Republicans for what they see as an effort to repress conservative voices. The companies deny any such bias. U.S. Attorney General Jeff Sessions

convened the meeting, set for Sept. 25, "to discuss a growing concern that these companies may be hurting competition and intentionally stifling the free exchange of ideas on their platforms," Justice Department spokesman Devin O'Malley said. It was not known which state attorneys general would attend. Representatives for the attorneys general in New York, Connecticut and Iowa said that they had not been contacted. Shares of social media companies slipped on Wednesday as the executives met skeptical lawmakers, with Twitter off 6.1 percent.

POWERFUL QUAKE HITS JAPAN'S HOKKAIDO

A powerful earthquake triggered a landslide that engulfed houses on Japan's northern island of Hokkaido early on Thursday, television footage showed, injuring and trapping dozens of people and cutting power to millions. At least 19 people were missing and 120 people were injured in after the magnitude 6.7 quake, it said. There were no early reports of deaths but a man suffered cardiac arrest after falling down stairs, Japanese media reported.



GETTY IMAGES

GORDON WEAKENS, FLOR-
ENCE GAINS STRENGTH

Tropical Storm Gordon weakened into a depression on Wednesday but was dumping heavy rains that threatened to cause floods across several southern U.S. states, while Hurricane Florence strengthened to a Category 4 storm and could menace Bermuda. Gordon made landfall on Tuesday night near the Alabama-Mississippi border with near hurricane-force winds, the National Hurricane Center said. But by Wednesday afternoon its center was well inland, dumping heavy rains and causing flooding in

western Florida and coastal Alabama. Property damage was minimal, the NHC said. A 2-year-old girl died when a tree fell on a mobile home in Pensacola, Fla., the Escambia County Sheriff's Office said. Gordon continued to weaken over central Mississippi and by 4 p.m. CDT was about 45 miles northwest of Jackson with maximum sustained winds of 30 miles per hour, the Weather Prediction Center said. The threat of heavy rains and flooding will continue for several days in the Mississippi Valley, forecasters said.

RUSSIA: SPACE STATION
DAMAGE A DELIBERATE ACT?

Russia's space agency said on Wednesday it hopes to announce the origin of a small hole found on a Russian module docked at the International Space Station in the coming weeks, including addressing whether the damage was deliberate. Crew members last week found the hole — roughly 2 millimeters in diameter — on the inner wall of Russia's Soyuz module on the orbital space station after ground operators reported slight dips in pressure levels. The current crew, consisting of three U.S. astronauts, two Russians and one German, were

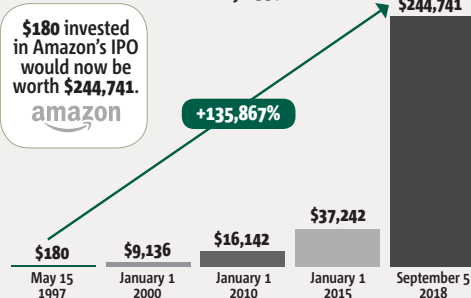
never in any danger, officials said. Russian cosmonauts patched the puncture with tape and sealant hours after its discovery, temporarily stopping an oxygen leak. Its origin, however, remains a mystery to U.S. and Russian space officials. Dmitri Rogozin, director of Russia's space agency Roscosmos, said on Monday that a person could have deliberately penetrated the wall using a drill either during manufacturing or while the craft was in orbit. Rogozin ruled out speculation that the hole was made by impact with a small meteorite.

STATS

YAHOO FINANCE

IF YOU HAD INVESTED IN
AMAZON IPO

Value of 10 Amazon shares purchased in the company's IPO in May 1997.*





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This building is being constructed through the Extremely Low and Low-Income Affordability (ELLA) program of both the New York City Housing Development Corporation (HDC) and the New York City Department of Housing and Preservation and Development (HPD) and the Mandatory Inclusionary Housing (MIH) program of HPD.

Who Should Apply?

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AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum - Maximum ⁴	Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum - Maximum ⁴
Studio	\$464	1	→	1 person \$17,795 - \$29,240	Studio	\$600	1	→	1 person \$22,458 - \$36,550
1 bedroom	\$589	3	→	1 person \$22,149 - \$29,240 2 people \$22,149 - \$33,400	1 bedroom	\$759	3	→	1 person \$27,978 - \$36,550 2 people \$27,978 - \$41,750
2 bedroom	\$713	3	→	2 people \$26,435 - \$33,400 3 people \$26,435 - \$37,560 4 people \$26,435 - \$41,720	2 bedroom	\$917	3	→	2 people \$33,429 - \$41,750 3 people \$33,429 - \$46,950 4 people \$33,429 - \$52,150
3 bedroom	\$817	1	→	3 people \$30,549 - \$37,560 4 people \$30,549 - \$41,720 5 people \$30,549 - \$45,080 6 people \$30,549 - \$48,400	3 bedroom	\$1,053	1	→	3 people \$38,640 - \$46,950 4 people \$38,640 - \$52,150 5 people \$38,640 - \$56,350 6 people \$38,640 - \$60,500
Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum - Maximum ⁴	Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum - Maximum ⁴
Studio	\$736	16	→	1 person \$33,806 - \$43,860	Studio	\$1,185	2	→	1 person \$53,040 - \$80,410
1 bedroom	\$929	34	→	2 people \$33,806 - \$50,100	1 bedroom	\$1,490	6	→	2 people \$53,040 - \$91,850
2 bedroom	\$1,121	35	→	2 people \$40,423 - \$50,100 3 people \$40,423 - \$56,340 4 people \$40,423 - \$62,580	2 bedroom	\$1,795	7	→	2 people \$63,532 - \$91,850 3 people \$63,532 - \$103,290 4 people \$63,532 - \$114,730
3 bedroom	\$1,289	15	→	3 people \$46,732 - \$56,340 4 people \$46,732 - \$62,580 5 people \$46,732 - \$67,620 6 people \$46,732 - \$72,600	3 bedroom	\$2,066	2	→	3 people \$73,372 - \$103,290 4 people \$73,372 - \$114,730 5 people \$73,372 - \$123,970 6 people \$73,372 - \$133,100

¹ Tenant pays electricity. ² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application **by mail, send a self-addressed envelope to: MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **October 31st, 2018**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español	Presente una solicitud en línea en nyc.gov/housingconnect . Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418 . En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de 31 de octubre 2018 .
简体中文	访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至： MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418 。信封背面请用英语注明“CHINESE”。必须在以下日期之前在线提交申请或邮寄书面申请 2018年10月31日 。
Русский	Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect . Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418 . На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее 31 октября, 2018 .
한국어	nyc.gov/housingconnect 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418 으로 보내주세요. 봉투 뒷면에 "KOREAN"이라고 영어로 적어주세요 2018년 10월 31일까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.
Kreyòl Ayisyen	Aplike sou entènèt sou sitwèb nyc.gov/housingconnect . Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418 . Nan dèyè anvlòp la, ekri mo "HAITIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat Oktòb 31, 2018 .
العربية	تقدم بطلب عن طريق الإنترنت على الموقع الإلكتروني nyc.gov/housingconnect للحصول على ترجمة باللغة العربية لهذا الإعلان ولنموذج الطلب الورقي. أرسل مظاروف يحمل اسمك وعنوانك إلى: MLK Plaza Apartments c/o Wavecrest Consulting LLC, 87-14 116th Street, Richmond Hill, NY 11418 . على الجهة الخلفية للمظاروف، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل 31 ربيعاً 2018 .

Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer
HDC President Eric Enderlin



NEWS

Close to 100 complain of being sick on Emirates flight from Dubai to JFK Airport

Emergency crews and the CDC quarantined Emirates Flight 203 upon landing in New York.



NIKKI M. MASCALI
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An Emirates plane from Dubai was greeted by emergency crews and the Centers for Disease Control and Prevention upon landing at JFK Airport Wednesday morning after several passengers reported feeling ill during the flight, officials said.

Close to 19 of the more than 500 passengers on Emirates Flight 203 were confirmed sick during the trip, and about 10 of them were taken to area hospitals, said Raul Contreras, a spokesman for Mayor Bill



Passenger Larry Coben shared this photo of emergency crews and health officials awaiting Emirates Flight 203 on a runway at JFK Airport. TWITTER/LARRY COBEN

de Blasio.

The other passengers declined treatment after undergoing "additional medical screening at the site near the aircraft and were released afterwards," a spokeswoman of Dubai-based Emirates told Reuters. "The rest of the passengers were allowed to leave and clear customs."

According to the CDC, about 100 passengers on

Flight 203 to JFK Airport said their symptoms included cough and fever. The Emirates plane is being evaluated by emergency officials, said Port Authority of New York and New Jersey, which oversees the airport.

While it is still unknown what caused the passengers to become ill on the flight, the mayor's press secretary Eric Phil-

lips said in a tweet that "symptoms still pointing to the flu." Flight 203 originated in Dubai, but some of the sick passengers were from Mecca, "which is experiencing a flu outbreak," Phillips tweeted earlier.

Passenger Larry Coben chronicled his experience on Emirates Flight 203 as the plane was quarantined at JFK on Twitter.

He first shared a photo of the emergency vehicles surrounding the plane, asking "What's up @emirates?"

In subsequent tweets, Coben wrote, "All we have been told is that some passengers have fallen ill and we should remain in our seats" and that all passengers were asked to fill out a CDC form, with a photo of the form. He also

shared an image of some crew members deplaning.

Coben later said that CDC personnel were on board and "we will hopefully be deplaning shortly and having our temperatures taken."

Coben was then allowed to leave the plane and emergency responders checked his temperature before he was able to make his way through customs, where "folks wore masks in empty hall when we came through, CDC people did not."

In a tweet around 10:20 a.m., Emirates issued a statement:

"Emirates can confirm that about 10 passengers on #EK203 from Dubai to New York were taken ill. On arrival, as a precaution, they were attended to by local health authorities. All others will disembark shortly. The safety & care of our customers is our first priority."

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Doctors Urge Knee Pain Sufferers

“Don’t Get ANY Surgery Until You See This...”

After Years Of Intense Study, NYC Medical Clinic Finally Reveals It’s Best “Treatment Formula” For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed

NEW YORK CITY - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going to be the most exciting information you ever read.

Here is why: Knee pain can not only be brutal... it’s complex. In other words, it’s not a simple, easy fix.

But I’m sure you already know that. Or you wouldn’t be reading this.

That’s the bad news.

Now for some good news...

Over the years, *NYC Pain MD* has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It’s amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

The Treatment Formula

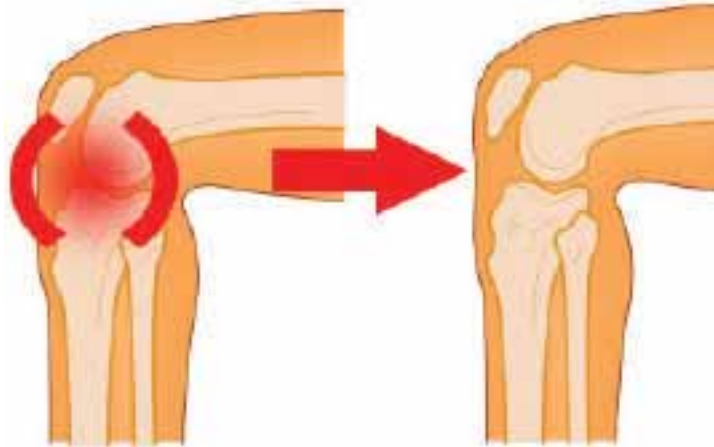
While I can’t give you the entire treatment formula here (there is not enough space and WAY too complicated) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: **PATIENT SELECTION.**

This means, *NYC Pain MD* has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that *NYC Pain MD* offers.

If you do not, *NYC Pain MD* will tell you what they think your best options are and help



NYC Pain MD “**Treatment Formula**” A protocol of advanced medical treatments that has already helped thousands.

you find the right doctor for you.

If you qualify, *NYC Pain MD* offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

- Viscosupplementation (gel injections)
- Platelet Rich Plasma (PRP)
- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you **MUST KNOW...**

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, *NYC Pain MD* feels this is because doctors often do these “gel injections” without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

NYC Pain MD has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

The second thing you must know is... our treatment plans are custom made for every patient. And we have all these treatments

offered in the same place. Many times you will get the best results from multiple treatments. At *NYC Pain MD* your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed *NYC Pain MD* to get better results than they thought possible.

Here’s What You Should Do Next

If you suffer with knee pain... and any of this made sense to you... *NYC Pain MD* would like to offer you a No-cost screening. That screening is the first step in our “Treatment Formula.”

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

The best thing is... you will finally get direction. You will know what’s going on and what is your best course of action... step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what’s going on and what can or cannot be done.

There is so much we want to say to help you... but I’m out of space. Give us a call at **877-296-6310** and take the first step. That step is free without obligation.



www.PainMDNY.com

877-296-6310

NYC heads back to school with 3-K for All expanding to four boroughs

"There's nothing more important than unlocking the future of our youngest New Yorkers," the mayor said of the 3-K for All expansion.



NIKKI M. MASCALI
nikki.mascali@metro.us

Wednesday marked the first day kids in New York City headed back to school — and the expansion of the city's 3-K for All program, which is now available in four boroughs.

Free, full-day 3-K for All is now serving 5,000 students at 187 sites in six districts in Queens, Manhattan, Brooklyn and the Bronx. Last year, the program reached 1,500 children at 47 sites in Dis-

trict 7 in the Bronx and District 23 in Brooklyn.

"For too long, New York City was divided. Some people could afford an early start and others couldn't," Mayor Bill de Blasio said. "That's why we made early childhood education a priority from Day 1 and why we've worked to expand our programs to reach every child regardless of ZIP code or income level. There's nothing more important than unlocking the future of our youngest New Yorkers, and

5,000

Free, full-day 3-K for All is now serving 5,000 students at 187 sites in six districts in Queens, Manhattan, Brooklyn and the Bronx.



Students headed back to school Wednesday at PS 377 in Ozone Park, Queens. The city's 3-K for All expanded this year from two boroughs to four. MICHAEL APPLETON / MAYORAL PHOTOGRAPHY OFFICE

we're excited to welcome our students for what will be another successful school year."

De Blasio on Wednesday joined the students heading back to school at PS 377 in Ozone Park for the first day of 3-K

for All in Queens. He was accompanied by Phil Thompson, deputy mayor for strategic policy initiatives, who oversees 3-K for All, and Schools Chancellor Richard Carranza, who began his first full school year after

taking the job in April.

The 3-K for All program is expanding ahead of schedule, city officials said, and is part of the mayor's Equity and Excellence for All initiative that is now in its third full school year. It aims

to have 80 percent of city students graduate high school on time by 2026, with two-thirds of graduates college-ready.

The 2018-2019 school year is the second consecutive expansion of 3-K for All. By the time students head back to school in 2021, the program is slated to provide more than 19,000 seats across 12 districts in every borough.

"As a longtime educator at MIT, I saw that successful students often had one thing in common: quality early education," Thompson said. "3-K for All teaches young students how to learn, how to cooperate, how to solve problems and puts them on the path to lifelong academic success. There's no stronger investment we can make in our children, our families or our city."

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GETTY IMAGES

Kavanaugh touts independence, dodges questions

The president later said the Dems were “grasping at straws.”

Brett Kavanaugh, President Donald Trump’s Supreme Court nominee, embraced the importance of judicial independence on Wednesday during his U.S. Senate confirmation hearing but sidestepped questions from Democrats about whether a president possesses the power to pardon himself or fire a prosecutor investigating him.

On the second day of the contentious hearing, interrupted repeatedly by dozens of shouting protesters opposed to Kavanaugh, senators pressed the conservative federal appeals court judge on his views toward presidential power, abortion and gun rights.

Kavanaugh signaled respect for the landmark 1973 *Roe v. Wade* Supreme Court ruling legalizing abortion nationwide, calling it an important legal precedent that had been reaffirmed by the justices over the decades. He condemned the spate of U.S. school shootings but defended an opinion he wrote questioning whether semi-automatic rifles could be banned.

Trump has often criticized the federal judiciary. Some liberals have expressed concern Kavanaugh could serve as a rubber stamp for Trump and protect him from lawsuits and investigations.

Asked by the Judiciary Committee’s Republican chairman, Chuck Grassley, whether he would have any trouble ruling against Trump or the executive branch, Kavanaugh replied, “No one is above the law in our constitutional system.”

“I think the first quality of a good judge in our constitutional system is independence,” Kavanaugh added.

But Kavanaugh dodged Democratic Sen. Dianne Feinstein’s question about whether a sitting president can “be required to respond to a subpoena,” a query that could come into play as Special Counsel Robert Mueller inves-

tigates potential collusion between Trump’s 2016 presidential campaign and Russia.

“I can’t give you an answer on that hypothetical question,” Kavanaugh said, noting that previ-

“I can’t give you an answer on that hypothetical question.”

Brett Kavanaugh

ous high court nominees also have avoided queries about matters that might later come before them.

Kavanaugh similarly sidestepped Democratic Sen. Christopher Coons’ question about whether he still believes, as he wrote two decades ago, that a president could fire a special prosecutor investigating him.

“All I can say is that was my view in 1998,” Kavanaugh said.

Kavanaugh avoided Democratic Sen. Patrick Leahy’s question about whether a president has the power to pardon himself or someone else in exchange for promising not to testify against him. Trump, in a June Twitter post, claimed “the absolute right to PARDON myself.”

Kavanaugh declined to answer, but said, “The question of self-pardons is something I have never analyzed.”

In citing examples of judicial independence, Kavanaugh lauded a 1974 ruling ordering President Richard Nixon to hand over subpoenaed materials during the Watergate scandal and a 1954 Supreme Court ruling ending racial segregation in public schools.

Feinstein asked Kavanaugh about his 2009 article that concluded sitting presidents should be free from the distractions of civil lawsuits, criminal prosecutions and investigations. Kavanaugh promised a “completely open mind” if such issues came before him as a judge. **REUTERS**

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 122 Fulton Street Ste 500 New York, NY 10038 **4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100**
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 1264 St. Nicholas, Washington Heights, NY 10026
 168 St **4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100**

Brooklyn:

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Bronx:

5221 Broadway Ave, Bronx, NY 10463 **1**
 384 E 149 St, Ste 201, Bronx, NY 10455 **2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100**
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Queens:

116-02 Queens Blvd Forest Hills, NY 11375 **4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100**
 30-33 Steinway St, Astoria, NY 11103 **4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100**
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 1652-03 Jamaica, Ste 200, Queens, NY 11432 **4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100**

Staten Island:

1975 Hylan Blvd, Staten Island, NY 10306

Long Island:

260 Sunrise Hwy Ste 102
 Valley Stream, NY 11581

Suburban NY/Rockland County:

156 Route 59, Ste B1, Suffern, NY 10901

New Jersey:

766 Shrewsbury Ave, Ste 300
 Tinton Falls, NJ 07724
 81 Route 37 West Toms River NJ 08755

Free Health Information Session

MARATHON TRAINING

Join our exercise experts to learn how to prevent and manage injuries as race day approaches

Date: Thursday, September 13 | 6:00 – 7:45 pm

Location: 333 East 38th Street, 6th Floor

This event is free and open to the public. For more information or to RSVP visit nyulangone.org/cmcevents

Presented by the Sports Performance Center



Free shuttle buses will replace the G train between Bedford-Nostrand Avenues and Court Square for the next four weekends in September. WIKIMEDIA

No G train service on weekends in Sept.

NIKKI M. MASCALI
nikki.mascali@metro.us

Attention G train riders: There will be no weekend service between Bedford-Stuyvesant, Brooklyn, and Queens every weekend in September and the first weekend in November, local officials announced according to Brooklyn Paper.

Community Board 2 said it was informed by MTA NYC Transit that

for the next four weekends, free shuttle buses will replace G trains between Bedford-Nostrand Avenues in Brooklyn and Court Square in Queens. The buses will make all G train stops.

The weekend suspension is due to MTA crews doing track maintenance and station improvement work.

For the next four weekends — Friday night to Monday morning Sept. 7-10, Sept. 14-17, Sept.

21-24, Sept. 28-Oct. 1; and Friday and Saturday, Nov. 2-3 — shuttle buses replacing the G train will operate from 9:45 p.m. Friday through 5 a.m. Monday.

According to the MTA, the buses will make subway stops from Court Square to Bedford-Nostrand Avenues. "Service posters depicting this alternate service will be in all G stations and information will be available online at mta.info," the MTA said.

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Quickbooks	Sat 10/13 - 12/08/18	10am - 1pm

Education Career Programs

Teacher Assistant	M, W 10/01 - 01/02/19	6pm - 9pm
Proveedor de Cuidado de Niños	Sat 09/29 - 12/08/18	12:30pm - 5:30pm
Training in the Needs of Students with Autism	Sat, 10/13/18 Sat, 12/01/18	10am - 1pm

Health Careers Certifications

C.N.A. Morning	M - Th 10/15 - 11/28/18	9am - 2pm
C.N.A. Evening	M - Th 10/09 - 01/03/18	6pm - 9pm
Professional Rescue (BLS)	F 10/05/18 F 12/07/18	10am - 2pm
	Sat 11/10/18 Sat 12/15/18	2pm - 6pm
Phlebotomy	M - Th 10/22 - 12/06/18	6pm - 9pm
EKG Technician	Sat 09/29 - 11/10/18	10am - 2pm
	T, Th 10/16 - 11/15/18	10am - 1pm
Dental Assistant	M, W 11/05 - 02/27/19	6pm - 9pm
Dental Front Office Administration w/Billing and Coding	Sat 09/15 - 12/01/18	10am - 3pm
Pharmacy Technician	T - Th 10/23/18 - 01/31/19	6pm - 9pm
Clinical Medical Assistant	M, T, Th 11/26/18 - 03/21/19	6pm - 9pm

Medical Billing and Coding

T, Th 10/09 - 04/04/19

6pm - 8:45pm

Children's Programming

College for Kids
Afterschool AcademySat 09/08 - 01/12/19
09/12 - 01/17/18Varies
Varies

Education & Language Skills

HSE Spanish
HSE Spanish
HSE English
HSE English
ESOL/Inglés como Segundo Idioma
English Links/Inglés Intensivo
English Links/Inglés IntensivoM, W 10/15 - 02/25/19
M, W 10/15 - 02/25/19
T, Th 10/02 - 02/07/19
T, Th 10/02 - 02/07/19
Varies by Level
Sat 10/13 - 12/08/18
M - Fri 10/09 - 12/12/186pm - 9pm
9:30am - 12:30pm
6pm - 9pm
9:30am - 12:30pm
6pm - 9pm
9am - 2pm
9am - 2pm

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Advance Income Tax CourseT & Th 09/18 - 10/25/18
T & Th 11/06 - 12/18/18
Sat 10/13, 10/27, 11/10, 12/01
T, Th 10/09 - 11/27/18
T, Th 10/16 - 11/15/18
T, Th 11/27 - 01/08/19
Sat 09/29 - 12/15/18
Sat 09/29 - 12/15/18
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6pm - 9pm
1pm - 5pm
6pm - 9pm
6pm - 9pm
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1pm - 4pm
10am - 4pm
6pm - 9pm

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9/29 11AM to 2PM

13 NYC companies make LinkedIn Top Startups list



ISTOCK

In recent years, New York City has become one of the most attractive markets and incubators for startups, a point that is further proven in the 2018 LinkedIn Top Startups list.

Released Thursday, the LinkedIn Top Startups list ranks the 50 startups that are most sought-after by the more than 575 million professionals who use the networking platform.

While San Francisco-based Lyft occupies the top spot this year, 13 of the 50 companies on the LinkedIn list are from right here in New York City.

"What was most surprising about this year's

list is the fact that it's not all about tech. Cosmetics, food, apparel and hospitality companies dominate nearly half the list," Laura Lorenzetti, senior news editor for special projects at LinkedIn, told Metro. "New York companies especially are making a play at consumer-driven businesses, such as Glossier (No. 8), Away (No. 30) and The Wing (No. 36)."

Another trend seen on this year's LinkedIn Top Startups list is the growth of companies focused on blockchain or cryptocurrency, such as digital wallet Coinbase, which ranked third, or enterprise Axoni, a New York-based business that

The LinkedIn List

Here are the NYC companies that made the cut, with their ranking and area of expertise:

- No. 8: Glossier (consumer goods)
- No. 14: Ellevest (financial services)
- No. 19: InVision (internet)
- No. 25: Gemini Trust Company (financial services)
- No. 26: ConsenSys (computer software)
- No. 30: Away (retail)
- No. 31: BlueVoyant (computer and network security)
- No. 33: UnitedMasters (music)
- No. 36: The Wing (hospitality)
- No. 40: Skift (information services/travel)
- No. 42: Thrive Global (information services/health/wellness and fitness)
- No. 47: Axoni (information technology and services)
- No. 48: Harri (computer software)

came in at No. 47.

With more than a dozen startups on LinkedIn Top Startups list, "New York continues to grow successful, innovative startups that people want to work for today," Lorenzetti said. NIKKI M. MASCAU

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Credit Report, Good vs. Bad Credit

Wednesday, September 26, 2018 – The Home Buying Process

Basic Mortgage Terms, Pre-Qualification
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Wednesday, October 3, 2018 – Programs for Qualified Homebuyers

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All seminars will be held from 6:00 PM to 8:30 PM

Please contact Harlem CDC at 212-961-4100
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Inflation erodes your savings. Here's how to shore them up



NerdWallet is a
personal finance website.

One million dollars might sound like enough to retire with today, but by the time you reach your last day of work, it'll be worth less than you might think.

The reason is inflation, and it impacts how you plan for the future. Here's a look at what inflation is and how to keep it from draining your short- and long-term savings.

Here's what inflation is...
Broadly speaking,

inflation is the increase in overall prices for goods and services in an economy. You'll need more money tomorrow to buy the same things you buy today.

"Inflation is the silent killer of your financial plan," says Derek Brainard, manager of education services at AccessLex Institute, a nonprofit that helps law students understand their finances.

When putting away money for retirement, Brainard says, "you might need to be saving a lot more than you think because of inflation."

The long-term average rate of inflation is between 2% and 4% annually, based on data from the Bureau of Labor Statistics' Consumer Price Index, one of the most common measurements of inflation. So, if you

kept money in a safe, it'd be worth 2% to 4% less per year.

...and here's how to beat it

You can't stop inflation, but you can make your money work better for you. These two strategies can help:

Invest your money for retirement with a 401(k) or IRA. You might already do this, but you might not know why it matters. These accounts are your best bet for earning long-term returns that beat inflation.

Investing in the stock market through brokerage accounts such as 401(k)s and IRAs has led to an average return in the past century of about 10% annually. When you factor in inflation, that leaves the real return closer to 6% to 8%.

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For short-term savings, find a high-yield certificate of deposit (CD). Some online banks and credit unions have one-year CDs with annual percentage yields higher than 2% and five-year CDs with APYs over 3%. These federally-insured bank accounts lock up funds for a fixed period, so they're best for money you don't need for months or years.

"You can beat inflation by a little bit right now if you pick a good CD," says Robert Frick, the corporate economist at Navy Federal Credit Union.

But keep your emergency fund separate Investing to curb inflation's effect is smart, but you also need savings outside of CDs and brokerage accounts to cover emergencies.

Dana Twight, a Seattle-based certified financial planner and owner of Twight Financial Education, says "your emergency fund's purpose is not to beat inflation." Rather, it's for easy access to money when you need it. A regular savings account is easier to withdraw money from than a CD or investment account.

An emergency fund should cover three to six months of living expenses, but "that's based on the costs today," says Brainard. "It's important to revisit that [number] every single year." Inflation will likely increase those costs.

Should I worry about inflation?

A little inflation is not a bad thing. "Around 2%" is generally an acceptable rate, according to the Federal Reserve. And it helps stave off deflation, which is when overall prices and even wages can decline, which happened during the Great Depression.

Since the 2008 recession, inflation has been historically low. But "there's some sign that inflation is ticking up," says Jim Benedict, North Carolina-based certified financial planner and senior wealth strategist at PNC Wealth Management.

Still, "it's certainly not out of control," says Frick of Navy Fed, "but it should enter into people's decision-making when they invest long-term."

SPENCER TIERNEY

EMERGENCIES HAPPEN. ARE YOU READY?

September is National Preparedness Month!

Join NYC Emergency Management to learn how to prepare for all types of emergencies.

Activities throughout September:

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Pet and service animal preparedness at Columbus Park in Brooklyn on Saturday, Sept. 22

Family day at the Staten Island Children's Museum on Saturday, Sept. 29

and much more!



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THINGS
TODONew York becomes
one big runway for
Fashion Week

GETTY IMAGES

We've got you covered, with a full schedule of events and how to score seats by the runway.



PAT KING
patrick.king@metro.us

Fall is just around the corner, and that means sweater weather — but not at New York Fashion Week. Technically, it's the Spring/Summer 2019 collections you'll be seeing walk down the runway beginning this week, as some of the world's most in-

novative designers take over stages, nightclubs, restaurants and theaters around the city.

This annual week-long event also brings the who's who of sports and entertainment to sit alongside the catwalk as hundreds of runway models don new looks from the biggest names in high fashion. Most notably, this fall's Fashion Week will see the return of such big fashion house names as Proenza Schouler and Rodarte for thrilling new shows, as well as a party for Rhianna's wildly popular lingerie line Savage x Fenty.

Want to be in the center of the action?



ISTOCK

Here is everything you need to know about New York Fashion Week 2018. **When does the fun start?**

The official start of New York Fashion Week 2018 is today, with preview events from Sachin & Babi and Rag

& Bone. The final show will be Thursday, Sept. 13, from famed fur coat designer Helen Yarmark.

How do I score tickets to Fashion Week shows?

Not all events during New York Fashion Week 2018 are open to the general public. But there are still some that are not quite as exclusive as others and have tickets available.

If you are interested in finding seats close to the runway at one of these events, head over to fashionweekonline.com/new-york/tickets to get your tickets now. Who knows who you will be rubbing elbows with as you watch this year's trends pass by on the catwalk? We've also rounded up tons of non-runway events open to the public at metro.us.

NEW YORK FASHION WEEK 2018 DAILY SCHEDULES

THURSDAY, SEPTEMBER 6TH

- Sachin & Babi S/S 2019 preview
- Novis S/S 2019
- Rag & Bone Spring Collection 2019 preview, 9am-6pm
- Ji Won Choi, Daniel Cloke, and Jamall Osterholm presentation, 10-11am
- Noon By Noor S/S 2019, 11am
- Vivienne Westwood buyer's preview, 12-2pm
- Collina Strada S/S 2019, 1pm
- Mara Hoffman S/S 2019, 1-3pm
- PH5 Spring 2019 presentation, 2-3:30pm
- Hunting Season S/S 2019, 2-4pm
- Tadashi Shoji S/S 2019, 3pm
- Pamela Roland S/S 2019, 3pm
- John Elliot S/S 2019, 4pm
- Christopher John Rogers S/S 2019 presentation, 4-6pm
- Ulla Johnson S/S 2019, 5pm
- Jonathan Cohen presentation,

6-7:30pm

- Kim Shui S/S 2019, 7pm
- Nicole Miller Spring 2019, 7pm
- Matthew Adams Dolan S/S 2019, 8pm
- Jeremy Scott, 9pm
- Kith Park presentation, 9pm
- Sachin & Babi 2019 preview
- Novis 2019
- Tory Burch 2019, 10am
- Kate Spade New York Spring 2019, 11am
- Snow Xue Gao 2019, 12pm
- Hellessy 2019, 12pm
- Jason Wu 2019, 1-3pm
- Milly Spring 2019, 2pm
- Linder 2019 women's, 2pm
- Paul Andrew 2019, 2-5pm
- Cushnie 2019, 3pm
- LRS 2019, 4pm
- Monse 2019, 5pm
- Chromat 2019, 6pm
- Ralph Lauren 50th Anniversary

event (dinner), 7-9pm

- Vivienne Hu 2019, 8pm
- Disney Villains x The Blonds, 9pm

SATURDAY, SEPTEMBER 8TH

- NYFW Kingdom: Kids and Teens Emerging Designers Showcase, 10am
- Self-Portrait, 10am
- Marina Moscone, 10:30am
- Custo Barcelona, 11am
- Dion Lee, 11am
- I Love Mel D. Kids Fashion, 11am
- Taoray Wang, 11am
- R131, 2pm
- Yuna Yang, 12pm
- Eckhaus Latta, 1pm
- Jasmine, 1pm
- Son Jung Wan, 1pm
- Adeam, 2pm
- Christian Cowan, 2pm
- Alycesaurndral, 3pm

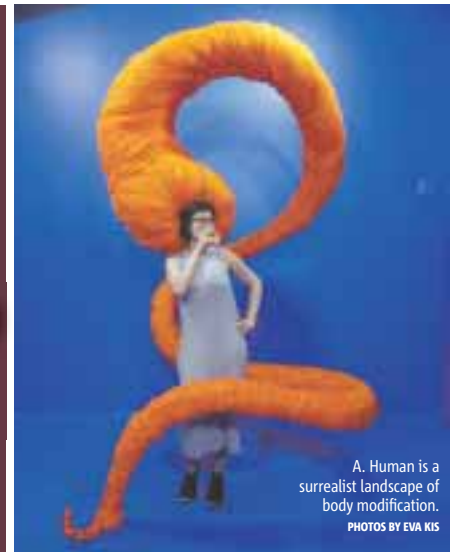
- Efffab, 3pm
- Global Fashion Collective, 3pm
- Longchamp, 3pm
- Perfection NYFW, 3pm
- Snooty Booty, 3pm
- Christian Siriano, 4pm
- hiTechMODA Fashion Runway Show, 4:30pm
- Alexandra Bujan, 5pm
- Global Fashion Collective, 5 pm
- Jonathan Simkhai, 5pm
- Rutu Bhonsle, 5pm
- PRISCAvera, 5:30pm
- A Détacher, 6pm
- ASC FASHION WEEK, 6pm
- Brandon Maxwell, 6pm
- Harlem Fashion Week: Season 5, 6:15pm
- Fernando Alberto Atelier, 7pm
- R.C. Caylan, 7pm
- The LBD Movement: Fearless Females Changing the Face of Fashion, 7pm
- Topping Design, 7pm

- Badgley Mischka, 8pm
- Pyer Moss, 8pm
- Talisha White, 8pm
- Area, 9pm
- Charles and Ron, 9pm
- CHULO Underwear NYFW: ¡Pa'lante! A Benefit for Puerto Rico, 9pm
- Eman Idil, 9pm
- ICY Presents: Supernova, 9pm
- Nathalia Gaviria, 9pm
- Vingioni By Rodell Gray, 9pm

SUNDAY, SEPTEMBER 9TH

- Brock Collection, 10am
- Claudia Li, 11am
- Chelsea and Walker, 11:30am
- Escada, 12pm
- Nonie, 12pm
- Stuck Up Girl Jeans, 12pm
- Vasilis Loizides, 12pm
- Livie & Luca Pop Up Shop, 1pm
- Mansur Gavrie, 1pm
- Matilda Jane Pop-up Shop, 1pm

- JUST IN XX, 2pm
- Romeo Hunte, 2pm
- Tibi, 2pm
- Bella Rene, 3pm
- F/FFFFFF, 3pm
- Lulu Et Gigi, 3pm
- Monnalisa, 3pm
- Sies Marjan, 3pm
- Wanda Beauchamp, 3pm
- Boss, 4pm
- Sandy Liang, 4pm
- Carmen Steffens, 5pm
- Magical Nights Evening by SaraChic, 5pm
- Telfar, 5pm
- The Imoya Collection Runway Show @ NYFW, 5pm
- Hot Now, 6pm
- Rodarte, 6pm
- Ruby Fang, 6pm
- A Modo Mio, 7pm
- Anthony Rubi, 7pm
- Bad Sisters, 7pm
- Bodii Bii Corii, 7pm



A. Human pushes body modification into new territory and challenges the standard idea of beauty.



EVA KIS
eva.kis@metro.us

It started with Kim Kardashian unveiling a necklace seemingly embedded under own flesh that glowed with her heartbeats. Then came Chrissy Teigen with a chest of scales, as if she were transforming into a mermaid. "Queer Eye"'s Tan France grew a Tudor collar of gills. Could the extreme body modification on display at A. Human be the trend of New York Fashion Week 2018?

No, but the idea behind it is nothing short of ending the idea of con-

ventional beauty.

Officially part of New York Fashion Week but maybe from the year 2038, A. Human is "an immersive theatrical experience" showcasing a world where the human body's limits are challenged in the pursuit of self-expression. Who needs brand-name heels when you've got a nautilus shell embedded right in your heel? Forget fascinators — a 10-foot-tall Rapunzel-style orange hairpiece that wouldn't fit through any door is the only statement piece you need.

"When you think of the future, you think dark, dystopian — there are all these images that come to mind," creator Simon Huck tells Vogue about the exhibit (which includes actual humans with prosthetics, along with surreal photo ops). "I didn't want to create a

utopian world, but I definitely wanted to create a world that was optimistic or, at the bare minimum, neutral."

A world without conventional beauty standards is an interesting idea to explore during New York Fashion Week, an event that still prizes white, too-thin women wearing impractical clothing often designed

by men.

Think about all the dangerous things we already do in the pursuit of beauty: breast implants, lip fillers, Botox, risking hypothermia to freeze off fat. If we could all look so different, like the crew of the *Starship Enterprise* (can't wait for aliens to arrive for real), then maybe we'd be healthier, not just mentally but physically.



Pushing the boundaries of the human body could lead to changes in beauty standards.

Body modification is not new, of course. Tribes from Africa to the Americas have practiced various forms of it, from elaborate piercings to lip-stretching. And recently it's become high-tech: RFID chips to open doors, fleshy vaults for Bitcoin passwords.

Then there are people who change their bodies not out of ritual or practicality, but to better connect with the world. Spanish artist Moon Ribas has implants that allow her to sense earthquakes. "I modified my body to modify my mind," she tells *Quartz*: the vibrations become fodder for choreography. People have gotten extensive plastic surgery to look like Justin Bieber, a Barbie doll, even a lizard. Gold teeth, elaborate manicures, tattoos, etc.

And then there are the

involuntary body modifications some have to make to survive: amputations, blood sugar-monitoring devices, colostomy bags. Would breaking away from a standard of beauty mean we can all finally be beautiful?

People already can — and do, to disastrous consequences — choose the sex of their babies. We're looking at a future of being able to customize embryos, living in a real-world Gattaca that could homogenize us even more and cause untold conflict.

What if, instead, we could all just be A. Human and find beauty in individuality?

A. Human is open now through Sept. 30 at 48 Mercer St. in SoHo. Tickets are \$40 or \$70 for special night sessions with drinks; ahumanbody.com

- Fashion Mingle / NYFW Networking Party, 7pm
- Negris LeBrum, 7pm
- Prabal Gurung, 7pm
- Stevie Boi Presents "Pink" by SB, 7pm
- Cenia Convi Jean Runway Show @NYFW, 8pm
- HappyFish in Wonderland by Sami Chen, 8pm
- Mardi Gras Soirée, 8pm
- Marie Odile Handbags Runway Show in collaboration with HappyFish Fashion, 8pm
- Opening Ceremony, 8pm
- Black Tape Project, 9pm
- Candice Cuoco, 9pm
- LaQuan Smith, 9pm

MONDAY, SEPTEMBER 10TH

- The Row, 9am
- Carolina Herrera, 10am
- Chocheng, 10am
- Tmall China Day: JNBY, 10am
- Moon Choi, 11am

- Zimmermann, 12pm
- Manhattan Knights Semester II, 12:30 pm
- Bevza, 1pm
- Lela Rose, 1pm
- Studio 189, 1pm
- Dawson and Abrima Erwiah (STYLE360), 1pm
- Tmall China Day: Particle Fever, 1pm
- Dennis Basso, 2pm
- Yeohlee, 2pm
- 3.1 Phillip Lim, 3pm
- Cotton Inc, 3pm
- Tmall China Day: Angel Chen, 3pm
- Proenza Schouler, 4pm
- Libertine, 5pm
- Veronica Beard, 5pm
- Blogger and the Brand women's, 6pm
- Zero + Maria Cornejo, 6pm
- Anna Sui, 7pm
- Antonio D' Errico Haute Couture, 7pm

- Christina Ferrari Diamond Space Brand, 7pm
- Kittenish by Jessie James Decker (STYLE360), 7pm
- Le Piacentini, 7pm
- Gauntlett Cheng, 8pm
- Han Wen SS19 NYFW Party, 8pm
- Yajun, 8pm
- CAAFD Emerging Designer Showcase, 9pm
- Kozaburo, 9pm

TUESDAY, SEPTEMBER 11TH

- Dan Liu, 10am
- Oscar De La Renta, 10am
- Fashion Mingle / Mingle Mentor Sessions, 10:30am
- Mery Playa by Sofia Resing (STYLE360), 11am
- Sally Lapointe, 11am
- French Connection, 12pm
- Gabriela Hearst, 12pm
- Rebecca de Ravenel, 12pm
- FENTY, 4pm

- Tome, 1pm
- Coach 194, 12pm
- alicia + olivia by Stacey Bendet, 3pm
- BendeT, 3pm
- Naeem Khan, 3pm
- Stacey Bendet, 3pm
- Tumbler and Tipsy by Michael Kuluva, 3pm
- Chiara Boni La Petite Robe, 4pm
- Vaquera, 4pm
- Cynthia Rowley, 5pm
- Lou Dallas, 5pm
- Rinat Brodach, 5pm
- Vivienne Tam, 6pm
- Fashion Designers of Latin America, 6:30pm
- Bohn Jsell Collections | Graffiti Garden, 7pm
- DFBK: Defend Brooklyn (STYLE360), 7pm
- Hogan McLaughlin, 7pm
- Zang Toi, 7:30pm
- Calvin Klein, 8pm

- Namilia, 8pm
- Bosideng, 9pm

WEDNESDAY, SEPTEMBER 12TH

- Semir x CJ Yao, 9am
- Michael Kors, 10am
- Calvin Luo, 11am
- Gemy Maalouf, 11am
- Gemy Maalouf Press Day, 11am
- Randi Rahm, 11am
- Marcel Ostertag, 12pm
- Maryam Nassir Zadeh, 12pm
- Bonnie Bouche by Angela Simmons (STYLE360), 3pm
- Luar, 3pm
- BADA Accessories Pop-Up Soiree, 4pm
- Batsheva, 4pm
- C+plus SERIES, 4pm
- Nanushka, 4pm
- Maki Oh, 5pm
- Domenico Vacca presentation and Domingo Zapata art exhibition, 6pm

- Marc Jacobs, 6pm
- Fashion Designers of Latin America, 6:30pm
- #Unfiltered by Jessica Abo (STYLE360), 7pm
- Vanity Fair's Best Dressed Cocktail Event, 7pm
- Rhianna's Savage x Fenty party, 7:30pm
- Naersling, 8pm
- RISD, 8pm
- Liu Yong, 9pm

THURSDAY, SEPTEMBER 13TH

- Emerging Designers presented by Above Time, 12pm
- Amour de la Mer by Maelisa Reed, 2pm
- Fashion Meets Movement in StylePointe 2018, 7:30pm

FRIDAY, SEPTEMBER 14TH

- Helen Yarmak, 6pm
- Dorris Mottley, 7pm



Pat King
Grumble Editor

THE 'WAR ON DOGS'

I think we can all agree that dogs are adorable, right? Let the record show it as a blanket



ISTOCK

statement for things filed under "general knowledge." If this is the case, why is it so hard to find bars that allow you to bring in your dogs? I totally understand that people have dog allergies and that, if untrained, they can

cause a bit of a ruckus — albeit a CUTE ruckus. But, is allowing a dog to trot around your bar and lick all of the patrons really going to disrupt the flow of things more than that drunk guy who keeps replaying "Dreams" by Fleet-

wood Mac on the TouchTunes while screech-singing along? I think not. In fact, it could be beneficial in that situation! My point is: There seems to be a "war on dogs" when it comes to most bars, and I want to know how it all started in the first place. Maybe we can figure out a way to put an end to this once and for all! Send us your feelings on whether or not you think dogs should be allowed in bars to grumble@metro.us.

READER WRITE-INS:

STOP TALKING DURING THE CONCERT!!!

I read your newspaper fairly regularly. But I really like your

"Grumble" column.

The venting I need to make is about the people who attend shows but ignore the show to have conversations with their friends. There are many shows around the city that my wife and I attend. We like Lincoln Center Out of Doors in Damrosch Park, movies and shows in Bryant Park, and shows at the Prospect Park Bandshell and SummerStage in Central Park. At all of these, many in the audience cannot keep quiet and listen. Why are they there? Did they come to watch and listen or treat this as a party, like they are sitting in a bar? These people totally ignore everyone else around them to carry on, sometimes loudly, their conversation.

Tell us what you think!



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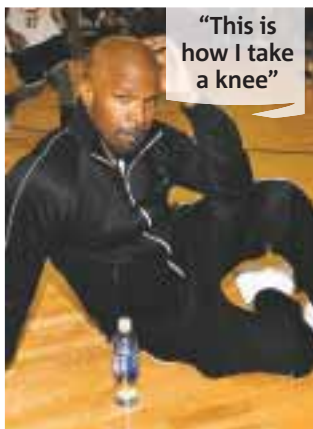
To say the least, it is self-centered, rude and uncouth of them. I have a few more choice words but since this is a family newspaper, I will not include them.

Thank you for providing a forum where I can release my frustration.
— Elliot Schwartz, Metro New York reader

VENT TO US!
GRUMBLE@METRO.US

#metronewyork caption this photo

Every day we will post a new photo and give you the chance to send in the funniest caption to go along with it. We'll publish the best caption the following day. Send us your best ideas to [@metronewyork](https://twitter.com/metronewyork) [@metroboston](https://twitter.com/metroboston) [@metrophilly](https://twitter.com/metrophilly)



The winning caption from Shaun Hemraj, Metro US reader | PHOTOS GETTY IMAGES

metro.us/horoscopes

- Aries** You need a break. Make plans to do something with a loved one. Nurture important relationships and be open to suggestions that will bring you closer to someone special.
- Taurus** A change may be what you think you need, but acting on impulse will be emotionally costly. Listen to good advice before you jump into unfamiliar territory.
- Gemini** Spend more time taking care of your needs. Updating your look or doing physical activities that will help you feel and look good will be rewarding.
- Cancer** Channel emotional energy into something that will make you happy. Don't waste time on anyone who is negative or unwilling to compromise. Follow your heart and do something creative.
- Leo** Don't go overboard with making changes at home. Overspending will add to your stress, physical modifications done by yourself will satisfy you.
- Virgo** Get together with people you find inspiring. Learn from an expert and make changes at home that will improve your lifestyle. Take the initiative and get things done.
- Libra** Don't run yourself ragged trying to keep everyone else happy. Your efforts will backfire, and you'll be blamed for interfering. Do your own thing, and pamper yourself for a change.
- Scorpio** Concentrate on the modifications you want to make at home or work. A change to the way you earn your living should also help stabilize your financial situation.
- Sagittarius** Say little and do a lot. Look over your investments and any financial ties you have. It's important to fully understand what others expect of you.
- Capricorn** Carry out changes at home that will make your life easier and bring you peace of mind. Discuss your plans with anyone who could be affected by your choices.
- Aquarius** A physical improvement will boost your confidence. Don't let anyone coax you into something that is out of your price range or not good for you.
- Pisces** Impulsive behavior can lead to problems. Don't be too eager to commit to something or someone before you know the full scope of what will be expected of you. Ask questions. EUGENIA LAST

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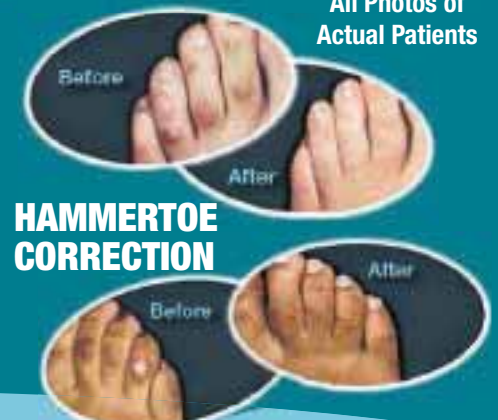
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LIFESTYLE

The Hall Of Famer talks us through it.



GREGORY WAKEMAN
Gregory.Wakeman@metro.us

LaDainian Tomlinson had always dreamt of being an actor.

He even had such thoughts during his astonishing NFL career, which culminated with him being inducted into the Pro Football Hall Of Fame in August 2017, his first year of eligibility.

But rather than just accept the first role that came his way, Tomlinson was looking for something much more meaningful to him. And that is exactly what he found with the part of Pastor Williams in "God Bless the Broken Road."

"One of the executive producers of the film called me and asked if I wanted to be in a movie. He felt the role would work for me. I read the script and really liked the story," Tomlinson tells Metro. "I have gone to church my entire life. When I was young, I sat in the front row as in-

How did NFL legend LaDainian Tomlinson end up in 'God Bless the Broken Road'?

structed by my mother. My mother was a Baptist minister as well.

"Watching and listening to her over the years was great training for me," he adds. "As a teen, I was invited to give short

9-year-old Bree who is struggling to deal with the death of her husband in Afghanistan two years earlier.

Her life is further complicated when she meets up-and-coming race car driver Cody Jackson, and she soon gets wrapped up in his way of life, which places her at a crossroads.

Director Harold Cronk previously found great success in the faith-based genre with the "God's Not Dead" franchise, and Tomlinson is adamant that "God Bless the Broken Road" taps into the same qualities that have made those films so popular and powerful.

"I hope people take away a strong message that even in tough times, your faith, friends and family can be a huge help," says Tomlinson. "It is also a movie about hope and the times we live in now. Everyone needs hope."

"God Bless the Broken Road" opens in theaters on Sept. 7.



LaDainian Tomlinson is ready for the show. ENTERTAINMENT STUDIOS MOTION PICTURES

sermons so I could learn about preparation and delivery. I think all of these experiences were helpful, plus the great direction given by [writer-director] Harold Cronk."

Williams is a key figure in the film, which revolves around Amber (Lindsay Pulsipher), a widow and mother to

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Current Range 1 bedroom: \$1073.14 - \$1509
Income Range: \$45,205.60 - \$58,440 (1 person household)
 \$45,205.60 - \$66,800 (2 person household)
Current Range 2 bedroom: \$1326.54 - \$1612
Income Range: \$55,381.60 - \$66,800 (2 person household)

Monthly rent includes heat, hot water and gas for cooking. Seniors will be required to meet income guidelines and additional selection criteria to qualify. Income guidelines are subject to change. One application per household.

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It's Danny vs. Davos this season.
ALL PHOTOS LINDA KALLERUS/NETFLIX

Finn Jones on stepping up his fight game for 'Iron Fist' season 2

The former "Game of Thrones" star breaks down what to expect from the new season.



MATT JUUL
matthew.juul@metro.us

Finn Jones' Danny Rand has a lot on his plate going into "Iron Fist" season 2, which premieres this weekend on Netflix.

The mystical Marvel superhero and billionaire martial arts master is dealing with the fallout from season 1, as well as the shocking conclusion to last year's "Defenders" team-up miniseries, which brought Iron Fist, Luke Cage, Jessica Jones and Daredevil together to save the Big Apple. During the climactic final episode, Charlie Cox's Matt Murdock shared a touching moment with Danny, effectively passing the mission of Daredevil over to the kung fu-kicking hero prior to his apparent death in the finale.

Jones tells Metro that the death of Daredevil will have a huge impact on Danny.

"At the beginning of season 2, he's out on the streets, he's taking up Daredevil's mantle of protecting downtown New York," says Jones. "He's got this mission on his plate and he's throwing himself at it full force. He's more powerful. He's more confident. But with that, he's a little bit more destructive and he's kind

of pushing himself a little too far."

According to comic book lore, Iron Fist actually suits up as the Man Without Fear for a brief period. Although fans would love to see a similar situation happen on screen, Jones reveals that he won't be wearing the Daredevil costume this season, but would love to in the future.

"Unfortunately not this season," says Jones. "Who knows where these stories can go. That run of the comics where Danny does put on the suit is really iconic and it's a great

previous appearances as the hero, however this time around, the former "Game of Thrones" star had plenty of time to work on his fighting, and it shows.

Jones credits his improved martial arts skills to the addition of a new fight coordinator, as well as the five-month preparation time. He hopes to get the chance to take things

Honestly, I can't wait to hopefully get to do more if there's a season 3."

In addition to taking the fight scenes up a notch, season 2 also raises the stakes story-wise, according to Jones. Danny is forced to deal with the blowback from his decision to not tell his friend Joy (Jessica Stroup) that her father was still alive last season. He must go head-to-head with Davos (Sacha Dhawan) as well, his "brother" who believes that he should be the rightful heir to the Iron Fist mantle. Joy and Davos will team up to take Danny down, enlisting the dangerous Typhoid Mary (Alice Eve) to help them in their endeavor.

"It's much more nuanced, it's much more complex," says Jones. "It feels more rooted."

As for what's to come after "Iron Fist" season 2, there are a ton of possibilities, but nothing set in stone yet. A follow-up to "Defenders" could happen should the stars align, although Marvel and Netflix haven't made any official announcements about a second season. Considering the Iron Fist-Luke Cage partnership in the comics, and Jones' brief appearance in "Luke Cage" season 2, the actor would love to team up with Mike Colter for a "Heroes for Hire" series.

"I would love to see 'Heroes for Hire,'" says Jones. "Fingers crossed, Netflix will commission a 'Heroes for Hire' series." "Iron Fist" season 2 premieres Sept. 7 on Netflix.

"It's much more nuanced, it's much more complex ... It feels more rooted."



Iron Fist is ready to protect the Big Apple.

to an even higher level should a third season get the green light.

"From the moment I was cast as Iron Fist, I've always wanted to go 'balls to the wall,'" says Jones. "I've always wanted to commit to the role and give 110 percent of my energy to the show and the character."

"The second season was way more planned out," he adds. "I'm really, really happy with the way everything turned out. I've seen most of the fight sequences and I'm blown away by them. It's amazing to see how well they've all come together."

part of the Iron Fist-Daredevil mythology. I can only hope that one day down the line we have the chance to tell that story, because I think it would be really interesting."

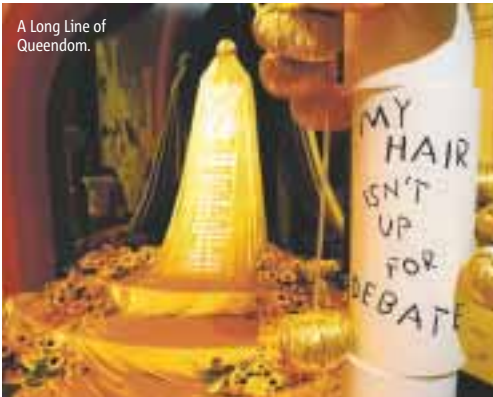
While he won't suit up as his fellow Defender, Danny will definitely kick more butt this season. A tight production schedule and a nasty injury made it difficult for Jones to go all-out with the action sequences for

THINGS
TO DO

Expand Your Reality

Know! Your! Rights!
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ALL PHOTOS BY EVA KIS

A Long Line of
Queendom.



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her You Are Magic
crystal cave.



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Refinery29's play-ground for the soul, 29Rooms, is back — here's what you'll find inside.



EVA KIS
eva.kis@metro.us

There's no more beautiful, urgent and eloquent examination of our modern world than Refinery29's annual 29Rooms. Those may seem like strong words for a made-for-Instagram gallery, but the fourth annual pop-up has always been about more than escapism.

"We wanted to tap into what your readers are talking about," explains Piera Gelardi, executive creative director and co-founder of Refinery29. "We wake people up, offer moments to pause and reflect, and see them walk away feeling a sense of possibility that they bring back into their lives."

The "immersive

cultural festival," as Refinery29 calls it, begins its nationwide journey with a two-week stint in Brooklyn starting Sept. 6. This year's 29 unique spaces created by various artists explore the theme Expand Your Reality, a challenge to unlock your imagination and dream bigger — and to find your place within the world.

With crystals being so hot right now, Instagram's The Hoodwitch created the You Are Magic cave, with two sides — rose quartz and obsidian — to celebrate both our light and dark sides. Her own recorded affirmations guide you along.

There are moments of quiet reflection like In Light of You, a kaleidoscopic chapel dedicated to fluid-gender identity by José A. Roda. The Full Picture looks to be a small theater screening clips from Refinery29's Shatterbox female filmmakers, then the

"screen" opens to a pair of director's chairs on the other side. "We want to show the importance of representation not just in front of the lens but behind it," says Gelardi.

Here are the highlights of 29Rooms 2018, with tons more photos and descriptions of all the rooms at metro.us.

Express yourself

Rather than just being a way for artists to express themselves, several rooms ask you to put your own imagination to work.

There's the silliness of Shake It Out, where you dance among inflatable figures to feel the simple joy of dancing without being judged by the people around you. Artist Carlota Guerrero invites you to have A Conversation with Your Inner Child by writing down a message to them. Feel the creative urge? Step inside the

open studio Artists in Residence, meant to show that art is a process, with classes led by various artists. And because we can all use a little more positive energy, add your words or drawings to Love Letter to the World.



The Moxy
Play House

Put down your phones, please

For 29Rooms 2018, there are way more interactive elements than ever before to encourage visitors to put their phones down for a moment and

take part in activities.

Before journeying through the diaphanous curtain maze of Between the Sheets by Rupī Kaur, you scoop up a little sand in a small clay bowl, then add it to the sanctuary at the center of the maze. ASMR experience company Whisperlodge created a sensory tunnel that you navigate blindfolded, guided by a recording. Dance your heart out at the Inner Beauty Ball created with House of Yes. An emcee will encourage visitors to sit with strangers inside 29 Questions and get to know each other.

"We're experimenting with phone-free experiences," says Gelardi. "Even 30 seconds of experiencing the space and absorbing the moment is beneficial for us."

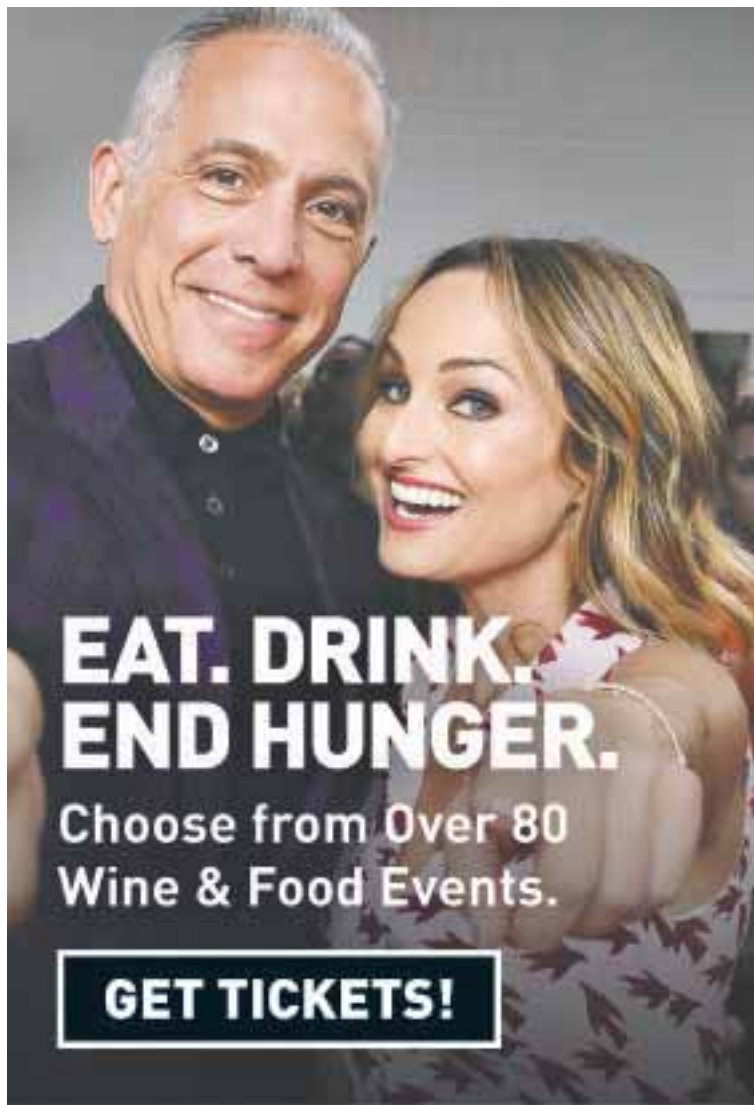
Get woke

The room that Gelardi feels "brings to life the spirit of 29Rooms" is

Know! Your! Rights!, a '70s game show/carnival created by the ACLU designed to teach people their civil rights "in a way that's not a chore but still informative." You can spin a giant wheel, take part in a quiz show and test your activist strength.

With the 2018 elections coming up, Ace the Midterms by Yara Shahidi and eighteenx18 is a high school-style pep rally targeting those just getting the right to vote. "We were looking to make turning 18 and getting the right to vote a rite of passage rather than a chore," explains Gelardi.

Ready to take action? Head over to The Values Stand, created with the NYC Mayor's Office of Media and Entertainment, where instead of a traditional newsstand and bodega you are served ways to become engaged in your community. You can even register to vote!



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YOUR WEEKEND STARTS NOW



An intercontinental ramen showdown

Four of our local ramen shops face off against four direct from Japan at this weekend's NYC World Ramen Contest for a two-day battle for noodle supremacy, where you pick the winner. Just a few of the varieties include lobster ramen, wagyu brisket ramen and duck truffle ramen. The event is part of Japan Fes., a street fair with vendors and performances, a biannual affair where you're sure to eat, hear and see something new.

Sept. 8, West Village on Bleeker Street b/w Christopher & 10th streets;

Sept. 9, Upper East Side on Third Avenue b/w 75th & 76th streets, both days 10 a.m.-6 p.m.

Entry is free, ramen is \$10 per bowl, facebook.com/japanfes

Taste the new beer on the block

New York City's craft beer scene is so hot, Canada wants in on it. Ontario's Collective Arts Brewing has plans to open a Brooklyn taproom in 2019, and to introduce itself to the neighborhood it's holding a day of beer, art and music at The Well in Williamsburg this Friday. Eight mural painters will be working live, plus music, street food and a tap takeover of some of their signature brews and collaborations with local breweries Finback and Barrier.

Sept. 7, noon-midnight, 272 Meserole St., free entry, eventbrite.ca

A free night of comedy

The new app Laugh Exchange takes a theme and turns it into a comedy contest, with prize money to be won on a streaming show. Ahead of its October launch, all comedy fans are invited to its free Laugh Exchange Live! party on Saturday night — your RSVP includes a drink, too! — where 48 comics will do one-minute sets, each with six different themes (sorry about the math). Comedy is followed by dancing courtesy of DJ Donwill.

Sept. 8, doors at 7 p.m., Littlefield, 635 Sackett St., Brooklyn, ticketfly.com

Don we now our hair apparel

Your girlfriend might have started side-eyeing your extravagant facial hair, but you can redeem yourself at the annual Coney Island Beard and Moustache Competition this Saturday. It's \$25 to compete in categories like Moustachio Marvel and Coney Island Curl, and the same for a ticket just to watch the spectacle. Sept. 8, doors at 6 p.m., Sideshows by the Seashore, 1208 Surf Ave., Brooklyn, coneyisland.com

Beer meets music at one amazing festival

Pitchfork brings the music, beer culture website October brings the brewers at OctFest, two days of concerts by 20 artists and over 250 varieties of beer from around the world coming to Governors Island. Curated food pairings are also on the bill, and you've got six hours on both days to try 15 3-oz. pours with your ticket, or purchase more at \$1.50 each. Sept. 8-9, \$75-\$140, octfest.co

A carnival on the Hudson

The West Side County Fair is a rare treat within city limits, with carnival rides, fairway games, magic shows and live music taking over from 68th to 70th streets. After you've ridden and

seen it all, enjoy your carnival food while strolling along the river. Sept. 9, Riverside Park South, free, riversideparknyc.org

Take a deep breath

The "mindful triathlon" Wanderlust 108 returns to Prospect Park this Sunday, bringing a day of outdoor yoga led by Chelsey Korus and Faith Hunter, guided meditation by Melissa McKay, and a 5K run (or walk). DJ Sol Rising will keep the energy high, with food by local vendors. You can get in free (doesn't include the run or special events).

Sept. 9, 7:30 a.m.-3:30 p.m., The Nethermead, free-\$150, wanderlust.com/brooklyn

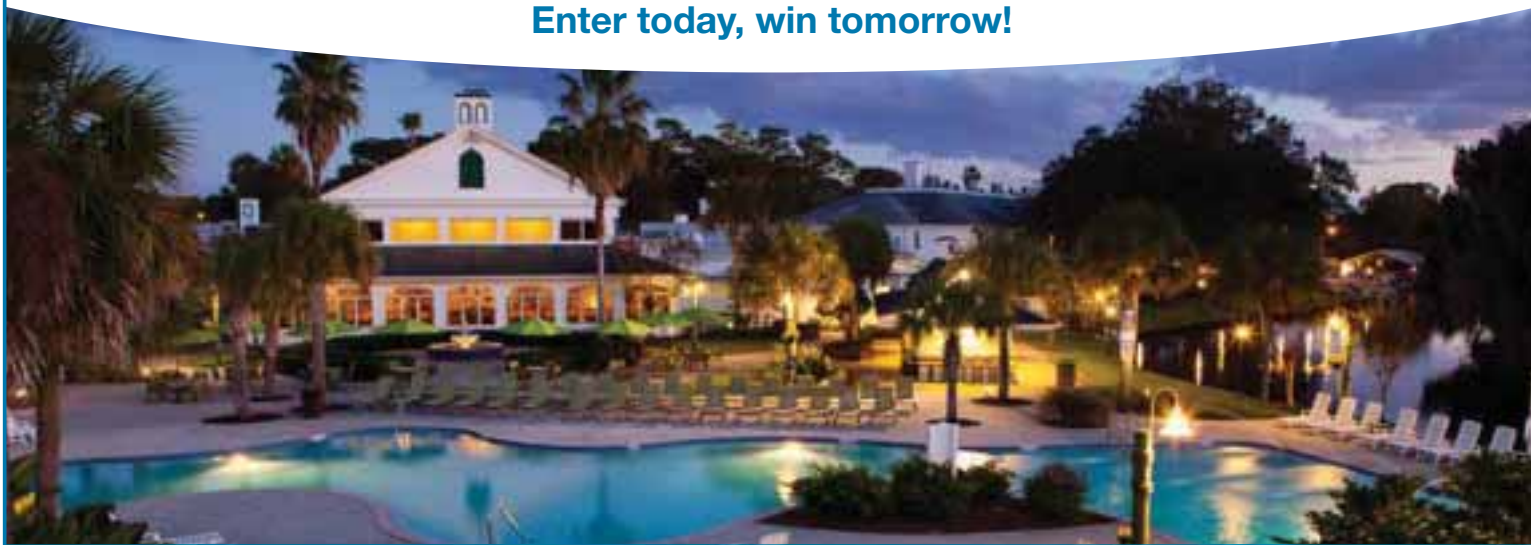
A pork lover's BBQ

For a ninth year, Pig Island NYC brings together some of the tri-state area's best chefs for a massive barbecue on the Red Hook waterfront. Chefs including Jersey barbecue legend Robert Cho of Kimchi Smoke, Fletcher's pitmaster Matt Fisher and Connecticut's top spot Hoodoo Brown BBQ will be cooking up the best of Flying Pigs Farm, with a special challenge to create the smokiest, most tender ribs this year. Tickets include all food plus beer, cider and spirits, and live music. Sept. 8, 11:30 a.m.-4 p.m., Erie Basin Park by Ikea, Brooklyn, \$85 (kids under 12 free), eventbrite.com

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TRAVEL

Looking to have a drink or five while flying to your destination? These airlines are your best bet.

Fodor'sTravel

One of the only ways to cope with the purgatorial reality of sitting in a crowded, pressurized tube being hurled through the sky with all the force of humanity's hubris is to get so loaded that you don't think

about the insanity of this undertaking. But drinking on airplanes can be a difficult act to manage, especially if you're flying coach — if you're flying first class, of course, the flight attendants are equipped with Super

Soakers filled with scotch, and they're all crack sharpshooters. Here are the best airlines to fly if you want to have a drink or five. But please, try your best not to wind up in the news

a.m. Maestro Tequilero won the Silver Medal at the 2008 Agave Spirits Challenge, and it's absolutely divine when sipped slowly, neat or on the rocks.

Hawaiian Airlines

At \$8 a pop, Hawaiian's pre-bottled cocktails don't come complimentary in economy class (they're free in first and business class, though, because God

Emirates

First of all, if you're flying Emirates, congratulations on living the kind of jet-setting life that I imagine wildly successful DJs get to live; and secondly, welcome to one of the best booze experiences you'll ever have while crammed into a flying metal can. If you're in economy class on an Emirates flight, you get free booze (including beer, spirits and wine), and if you're in business and first class, you get access to a full bar staffed by a bartender. There's an actual lounge in an actual airplane. Not to sound like an absolute cornpone rube, but I feel like you're obligated to announce "I AM THE GOLDEN GOD OF THE SKY" upon being made a cocktail in an airplane lounge.

Virgin Atlantic

Virgin is a company that tries very hard to look counterculture and mostly ends up looking like your dad with a new pair of leather pants. All seating classes aboard Virgin Atlantic get enough complimentary booze to get slightly tipsy on international flights. If you're flying first or business class, you and your leather pants can pre-game at the Virgin Atlantic Clubhouse at the airport before you even get on the purple-lit flight.

Air France

You think France, you think “fancy booze” (right after “ennui, unfiltered cigarettes, and desserts that are cooler than me.”) If you fly Air France on long-haul flights, not only can you get a complimentary cocktail without even having to sob and beg for it, but honest-to-God French champagne and other wines curated by renowned sommelier Paolo Basso. There are even studies on why wine tastes better at 30,000 feet, and there’s no better place to test out this theory than on an Air France flight.

Aeroméxico

If you're like me, you've often thought to yourself, "It's past noon and I haven't had any tequila, so I'm legally required to renew my church membership." Aero-méxico has you covered, though — aside from the usual selection of wine and beer, passengers can sip Maestro Tequilero Tequila, which Aero-méxico makes available for flyers after 11

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SPORTS

As she pursues another US Open crown, Williams offered words of encouragement for the former QB.

ADAM ZAGORIA
sports@metro.us

NEW YORK — As Serena Williams strives for her first US Open title since 2014, she is offering support for her fellow Nike stablemate Colin Kaepernick.

Kaepernick took his niece to see Williams play on Aug. 31 in Arthur Ashe Stadium and Serena then visited with them after the match.

Kaepernick, who hasn't played in the NFL since 2016 after he took a knee to protest racial injustice, is now the subject of a Nike ad campaign

Serena backs Kap, Nike



Serena Williams (left) continues to show her support for Colin Kaepernick (right). GETTY IMAGES

which depicts his image with the caption, "Believe in something. Even if it means sacrificing everything."

"He's done a lot for the African-American community, and it's cost him a lot," Williams said Tuesday of Kaepernick after advancing to the US Open semifinals with a straight-sets win over Karolina Pliskova. "It's sad. But he continues to do the best that he can to support. Having a huge company back him

could be a controversial reason for this company, but they're not afraid. I feel like that was a really powerful statement to a lot of other companies."

Serena said she supports athletes like Kaepernick who advocate social change through nonviolent protest.

"I think everyone has a choice to do what they choose to do," she said. "Whether they protest it, which is a peaceful protest actually, or not, that

it's the choice of being American. It doesn't make them less American. We all make up this world, because we have different views and different views on different things, but that doesn't mean we can't be loving toward each other."

On the court, Serena is two match wins from capturing her 24th career Grand Slam title, which would tie her with Margaret Court for first all-time.

She will meet No. 19

Anastasija Sevastova in the semifinals on Thursday.

While Serena has won 23 major titles, the other five women who remained alive entering Wednesday had combined to win zero.

Still, Serena has lost in the semifinals in her last two US Open appearances, in 2015 to Roberta Vinci and in 2016 to Pliskova.

"I want to just get past the semis here," said Serena, who turns 37 later this month. "It's been a couple rough semis for me, but this has been a great road and I'm really excited."

Serena could have notched her 24th major at Wimbledon but lost to Angelique Kerber in the final, so she knows nothing is guaranteed this far into a major.

"I still know that no matter whether I'm in the semifinals or the finals, I have a really long way to go to win that," she said. "Again, that proved to be true at Wimbledon."

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AT PURDUE (-16.5)

NEW MEXICO AT
WISCONSIN (-35)

LIBERTY AT
ARMY (-9.5)

MISSISSIPPI STATE
(-9.5) AT KANSAS STATE

NEVADA AT
VANDERBILT (-8.5)

ARIZONA AT
HOUSTON (-3.5)

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MATT BURKE
matthew.burke@metro.us

The most popular sport in America is back, and not a moment too soon. Here is Metro's NFL preview for the 2018 season, complete with our picks for Super Bowl winner, MVP, Rookie of the Year and surprise team.

Super Bowl LIII

Bad news for Eagles fans. No team has won back-to-back Super Bowls since the Patriots pulled it off 15 years ago, and only seven NFL franchises have ever accomplished the feat. Bad news for Patriots fans. No team has made

three consecutive Super Bowls since the Bills pulled it off in the early '90s.

The Patriots have been great since 2001, but even Bill Belichick's boys haven't been able to reach the Big Game three years in a row. This looks like the year, though. The rest of the "contenders" in the AFC have major question marks. The Steelers still don't seem mentally tough enough to get over the Jaguars hurdle, let alone the Patriots hurdle, after Ryan Shazier's injury derailed their season last year.

The Jaguars have arguably the worst receiving corps in the league, the Chargers are now in "overhyped" territory, and the Chiefs are starting an untested QB. And the rest of the conference is a whole lot of yuck.

The NFC is top-heavy — with the Eagles,



Is this the year that Julio Jones helps the Atlanta Falcons win their first-ever Super Bowl? GETTY IMAGES

Vikings, Saints, Falcons and Rams getting the most Super Bowl buzz.

Teams are going to catch up with Philly's RPO offense in 2018,

and the Eagles are going to get every other team's best shot week-in and week-out this coming season. How will they, a team

that completed a 7-9 season just 19 months ago, handle that? Based on the amount of talk emanating from Philly, it's a team that seems

primed for a Super Bowl hangover — particularly with Carson Wentz coming back from injury.

As for the Vikings, are we sure Kirk Cousins is going to pick up the Minnesota offense quickly? This is not Peyton Manning jumping to Denver. It may take Cousins a season to adapt.

The Falcons look like the best bet to get back to the Super Bowl. They were a play or two away from beating the Eagles in Philadelphia this past January, and I'm a firm believer in the "bounce-back year." Atlanta suffered the worst defeat in modern sports history in the OT Super Bowl against the Patriots, and they still wound up making the playoffs last season. Expect Matt Ryan to return to his MVP form.

Super Bowl pick:
Falcons over Patriots

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Previewing the '18 season

MVP

We wanted to go with Ryan here, but voters love fresh faces. If Wentz had stayed healthy last season, he would have wound up winning MVP over Tom Brady — even if they finished with near-identical stats. Wentz was the new kid on the block.

Houston's Deshaun Watson is entering his second year in the league (like Wentz last year), and if the Texans can get off to a strong start, expect the Watson-for-MVP push to occur. If the Texans can knock off the Patriots in Week 1 — Watson nearly did it last year in Foxboro — the Texans could very well start the season 6-0. After the New England game, Houston's schedule looks like this: at Tennessee, home vs. Giants; at Indy, home vs. Dallas; home vs. Buffalo.

It doesn't hurt either that Watson is one of the



Houston's Deshaun Watson is a potential NFL MVP. GETTY IMAGES

more exciting players to watch, and is coming back from injury. MVP pick: Deshaun Watson

Rookie of the Year

The easy pick is the Giants' Saquon Barkley. But if Eli Manning plays like the Eli Manning we've seen in recent years, opposing defenses are going to stack the box against the Giants — and shut

down Barkley's ROY chances.

Look to the other New York team for 2018's top rookie. The Jets' Sam Darnold looks like the only rookie QB who will start Week 1, and if he shows even a semblance of competency, the New York media hype train will roll strong out of East Rutherford. ROY pick: Sam Darnold

Surprise team

Chicago Bears: The Bears had a top 10 defense last year in points allowed, giving up just 20.0 points per game. They now add Khalil Mack, arguably the best defensive player in football, to that group.

Quarterback Mitchell Trubisky is entering his second year in the league, and could pull a Carson Wentz on us

— don't laugh. Like the Eagles did last year, Chicago loaded up on offensive talent to surround their young quarterback with. They brought in former Philly tight end Trey Burton, and landed pro bowl wide receiver Allen Robinson in free agency.

Oh, and they still have running back Jordan Howard, who chalked up a combined 2,435 yards on the ground in his first two NFL seasons.

Metro picks

Metro Sports editors make their picks for Super Bowl LIII.

Matt Burke, Metro Boston: Falcons over Patriots

Joe Pantorno, Metro NY: Rams over Jaguars

Jovan Alford, Metro Philly: Rams over Patriots

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RUTGERS AT
OHIO STATE (-35.5)



BET OF
THE DAY

Ohio State proved its point last week, romping Oregon State, 77-31. The spread this week against 1-0 Rutgers is just too high at -35.5.

The Pick:
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Plaintiff -against- Sean
Anderson, Board of Managers
of Garden Bay Manor
condominium, Criminal Court
of the City of New York,
Franklin Hospital Medical
Center, City of New York
Department of Transportation
Parking Violations Bureau,
City of New York
Environmental Control Board,
City of New York Transit
Adjudication Bureau
Defendant(s). Pursuant to a
judgment of foreclosure and
sale entered on August 28,
2017 I, the undersigned
Referee will sell at public
auction to the highest bidder
at QUEENS COUNTY
SUPREME COURT, 88-11
SUTPHIN BOULEVARD,
JAMAICA, NEW YORK,
IN COURTROOM #25 on
September 21, 2018 at
10:00AM premises known as
22-31 77th Street, Unit 2A,
East Elmhurst, NY 11370.
ALL that certain plot, piece
or parcel of land situate, lying
and being in the Borough and
County of QUEENS, City and
State of New York. Block:
1009 Lot: 1025 Together with
an undivided .1327 percent
interest appurtenant to the
apartment unit in common
elements of the property.
Approximate amount of lien
\$295,949.60 plus interest and
costs. Premises will be sold
subject to provisions of filed
judgment Index # 711014/2016.
Dominic L. Chiariello, Esq.,
REFEREE
STEIN, WEINER AND
ROTH, L.L.P.
ATTORNEYS FOR THE
PLAINTIFF
ONE OLD COUNTRY ROAD,
SUITE 113
CARLE PLACE, NY 11514
DATED: August 14, 2018
File #: CENLAR 72400

NOTICE OF SALE
SUPREME COURT
QUEENS COUNTY
JPMORGAN CHASE BANK,
NATIONAL ASSOCIATION,
Plaintiff against ROSE
NEDGE JOLIDAS, et al
Defendants Attorney for
Plaintiff(s)
Fein, Such & Crane, LLP
28 East Main Street
Suite 1800,
Rochester, NY 14614
Attorney (s) for Plaintiff (s).
Pursuant to a Judgment of
Foreclosure and Sale Entered
September 29, 2016 I will sell
at Public Auction to the highest
bidder at the Queens County
Supreme Court, 88-11 Sutphin
Blvd., Jamaica, New York 11435,
in Courtroom #25 on September
21, 2018 at 10:00 AM. Premises
known as 113-44 199th Street,
Saint Albans, NY 11412.
Block 10993 Lot 326.
All that certain plot, piece or
parcel of land, with the buildings
and improvements thereon
erected, situate, lying and being
in the Borough and County of
Queens, City and State of New
York. Approximate Amount of
Judgment is \$530,932.02 plus
interest and costs. Premises
will be sold subject to provisions
of filed Judgment
Index No 21212-13.
David Dikman, Esq.,
Referee XCHJC356

LEGAL NOTICES

NOTICE OF SALE
IN FORECLOSURE
STATE OF NEW YORK
SUPREME COURT:
COUNTY OF QUEENS
WELLS FARGO BANK, NA
Plaintiff, vs. ROBERTO SOLIS,
LINDA SOLIS, et al., Defendants
PLEASE TAKE NOTICE THAT IN
pursuance of a Judgment of
Foreclosure and Sale entered in the
office of the County Clerk of Queens
County on February 21, 2017, I,
Michael Dikman, Esq., the Referee
named in said Judgment, will sell
in one parcel at public auction on
September 14, 2018 at the Queens
County Supreme Court located at
88-11 Sutphin Boulevard, Jamaica,
New York 11435 in Courtroom #25,
County of Queens, State of New
York, at 10:00 A.M., the premises
described as follows: 217-10 110th
Road, Queens Village, NY 11429
SBL No.: 11145-21
ALL THAT TRACT OR PARCEL OF
LAND situate at Bellaire in the
Fourth Ward of the Borough and
County of Queens, City and State
of New York The premises are
sold subject to the provisions
of the filed judgment,
Index No. 706886/2015
in the amount of \$419,533.35
plus interest and costs.
Todd Z. Marks, Esq.
Woods Oviatt Gilman LLP
Plaintiff's Attorney
700 Crossroads Building,
2 State St., Rochester,
New York, NY 14614
Tel.: 855-227-5072
55990.

NOTICE OF SALE
Supreme Court
County Of Queens
Wells Fargo Bank, N.A.,
Plaintiff AGAINST Harry
O'Berry a/k/a Harry E.
O'Berry, Michael J. Sancho
a/k/a Michael Sancho, et al,
Defendant Pursuant to
a Judgment of Foreclosure
and Sale duly dated 4/6/2017
and entered on 4/18/2017,
I, the undersigned Referee,
will sell at public auction
at the Queens County
Courthouse, 88-11 Sutphin
Blvd., Courtroom 25, Jamaica,
NY on September 21, 2018 at
10:00 AM premises known as
14-90 Point Breeze Place, Far
Rockaway, NY 11691. All that
certain plot piece or parcel of
land, with the buildings and
improvements erected, situate,
lying and being in the County
of Queens, City and State of
New York, BLOCK: 15689,
LOT: 29. Approximate amount
of judgment is \$767,138.34
plus interests and costs.
Premises will be sold subject
to provisions of filed Judgment
Index # 702867/2013.
For sale information,
please visit Auction.com at
www.Auction.com or
call (800) 280-2832.
Gerald Chianello, II, Referee
FRENKEL LAMBERT WEISS
WEISMAN & GORDON LLP
53 Gibson Street Bay
Shore, NY 11706

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LEGAL NOTICES**NOTICE OF SALE**

SUPREME COURT
COUNTY OF QUEENS
MTGLQ INVESTORS, LP,
Plaintiff, Index No.: 3120/2012
Against ANTONIO SERQUEIRA,
ET AL., Defendant(s).

Pursuant to a Judgment of Foreclosure and Sale, duly entered in the Queens County Clerks Office on 7/12/2018, I, the undersigned Referee, will sell at public auction in Courtroom #25 of the Queens County Supreme Court, 88-11 Sutphin Boulevard, Jamaica, NY 11435, on 9/28/2018 at 10:00 am, premises known as 10207 Martense Avenue, Corona, New York 11368 and described as follows:

ALL that certain plot piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough of Queens and County of Queens, City and State of New York and designated on the tax maps of the Queens County Treasurer as Block 1941 Lot 32

The approximate amount of the current Judgment lien is \$496,754.83 plus interest and costs. The Premises will be sold subject to provisions of the aforesaid Judgment of Foreclosure and Sale; Index # 3120/2012.

If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagees attorney.

Ned H. Kassman, Esq., Referee.
Leopold & Associates, PLLC,
80 Business Park Drive, Suite 110,
Armonk, NY 10504
Dated: 8/8/2018 TKS

**NOTICE OF SALE
SUPREME COURT
COUNTY OF QUEENS**

U.S. BANK NATIONAL
ASSOCIATION, AS TRUSTEE
FOR STRUCTURED ASSET
SECURITIES CORPORATION
MORTGAGE PASS-THROUGH
CERTIFICATES, SERIES
2006-AM1, Plaintiff AGAINST
ALBA A. CRUZ, KINGS REALTY
& MANAGEMENT SERV, et al.,
Defendant(s) Pursuant to a
Judgment of Foreclosure and
Sale duly dated May 10, 2018
I, the undersigned Referee will
sell at public auction at the
Queens County Courthouse in
Courtroom # 25, 88-11 Sutphin
Boulevard, Jamaica, New York,
on September 21, 2018 at
10:00AM, premises known as
92-13 76TH STREET,
WOODHAVEN, NY 11421.

All that certain plot piece or
parcel of land, with the
buildings and improvements
erected, situate, lying and
being at Woodhaven in the
Borough and County of
Queens, City and State of
New York,
BLOCK 8947, LOT 61.

Approximate amount of
judgment \$899,469.83 plus
interest and costs.

Premises will be sold subject
to provisions of filed Judgment for
Index# 14244/13.

Chanwoo Lee Esq., Referee
Gross Polowy, LLC
Attorney for Plaintiff
1775 Wehrle Drive, Suite 100
Williamsville, NY 14221
56360

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LEGAL NOTICES**NOTICE OF SALE IN**

FORECLOSURE
STATE OF NEW YORK
SUPREME COURT:
COUNTY OF QUEENS
HSBC BANK USA, NATIONAL
ASSOCIATION AS TRUSTEE
FOR NOMURA ASSET ACCEPTANCE
CORPORATION, MORTGAGE
PASS-THROUGH CERTIFICATES,
SERIES 2006-AR4, Plaintiff,
v. INDRADAT TILAK,
SUMNIE TILAK, et al., Defendants
PLEASE TAKE NOTICE THAT
In pursuance of a Judgment of
Foreclosure and Sale entered in the
office of the County Clerk of Queens
County on June 27, 2017, I, Frank
Bruno, Jr., Esq., the Referee named in
said Judgment, will sell in one parcel
at public auction on September 28,
2018, at the Queens County Supreme
Court located at 88-11 Sutphin
Boulevard, Jamaica, County of Queens,
State of New York, at 10:00 A.M., the
premises described as follows: 211-15
90th Court a/k/a 211-15 90th Court,
Queens Village, NY 11428
SBL No.: BLOCK 10568 LOT 26
ALL THAT TRACT OF PARCEL OF LAND
situate in the Borough and County of
Queens, City and State of New York.
The premises are sold subject to the
provisions of the filed judgment,
Index No. 706022/2013
in the amount of \$492,023.35
plus interest and costs.

Todd Marks, Esq.
Woods Oviatt Gilman LLP
Plaintiff's Attorney
700 Crossroads Building,
2 State St., Rochester,
New York 14614
Tel.: 855-227-5072
56372

**NOTICE OF SALE
SUPREME COURT
COUNTY OF QUEENS**

PENNYMAC CORP., Plaintiff
against RICARDO D.
MENDOZA, et al Defendants.
Attorney for Plaintiff(s)
Fein, Such & Crane, LLP
28 East Main Street, Suite 1800,
Rochester, NY 14614
Attorney (s) for Plaintiff (s).
Pursuant to a Judgment of
Foreclosure and Sale Entered
April 4, 2018 I will sell at Public
Auction to the highest bidder at
the Queens County Supreme
Court, 88-11 Sutphin Blvd.,
Jamaica, New York 11435, in
Courtroom #25 on September
28, 2018 at 10:00 AM. Premises
known as 142-51 122nd Avenue,
Jamaica, NY 11436. Block 12040
Lot 129. All that certain plot,
piece or parcel of land, with the
buildings and improvements
thereon erected, situate, lying
and being in the Borough of
Queens, County of Queens, City
and State of New York.

Approximate Amount of
Judgment is \$657,905.65 plus
interest and costs. Premises will
be sold subject to provisions of
filed Judgment Index No 12885/08.
David Cohen, Esq., Referee
PNJMCO11

NOTICE IS HEREBY GIVEN
that a license, Serial # 1313070,
for Liquor, Wine & Beer has
been applied for by the
undersigned to sell Liquor,
Wine & Beer at retail under the
Alcoholic Beverage Control
Law at 75 Utica Ave., Brooklyn,
NY 11233. Kings County, for
on premise consumption.
Savannah Cafe LLC.

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LEGAL NOTICES

NOTICE OF FORMATION
of LZ66 LLC. Articles of
Organization filed with
the Secy. of State of New
York (SSNY) on June 4,
2018. Office location:
Bronx County. SSNY is
designated as agent of
LLC upon whom process
against it may be served.
SSNY shall mail process
to the LLC c/o 704 Brook
Ave., #2M, Bronx, NY
10455. Purpose: Any lawful
activity.

NOTICE IS HEREBY GIVEN
that a license, Serial # 1313104,
for Liquor, Wine & Beer
has been applied for by the
undersigned to sell Liquor,
Wine & Beer at retail under the
Alcoholic Beverage Control
Law at 866 Amsterdam Ave.,
New York, NY 10025. New
York County, for on premise
consumption. Nuoro LLC.

NOTICE IS HEREBY GIVEN
that a license, Serial Number
1312850, for Beer & Wine
has been applied for by the
undersigned to sell Beer, Wine
& Cider at retail under the
Alcoholic Beverage Control
Law at 998 Columbus Ave.,
New York, NY 10025. New
York County, for on premises
consumption. Kikoo Sushi Inc.

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LEGAL NOTICES

NOTICE OF FORMATION
of GARGI SHAH ADVISORS
LLC Application for Authority
filed with Secretary of State
of NY (SSNY) on 08/09/2018.
Office location: New York
County. SSNY designated
as agent of LLC upon whom
process against it may be
served. SSNY shall mail
process to: C/O The LLC,
235 W 56th St Unit 14N
New York NY 10019 which
is also the principal business
location. Purpose: any lawful
activity.

NOTICE IS HEREBY GIVEN
that a license, Number Pending,
for Beer & Wine have been
applied for by the undersigned to
sell Beer, Wine & Cider at retail in
a Restaurant under the Alcoholic
Beverage Control Law at 200-05
Linden Blvd., Saint Albans, NY
11412. Queens County, for on
premises consumption. Cuisine
Artistic Inc.

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ACROSS

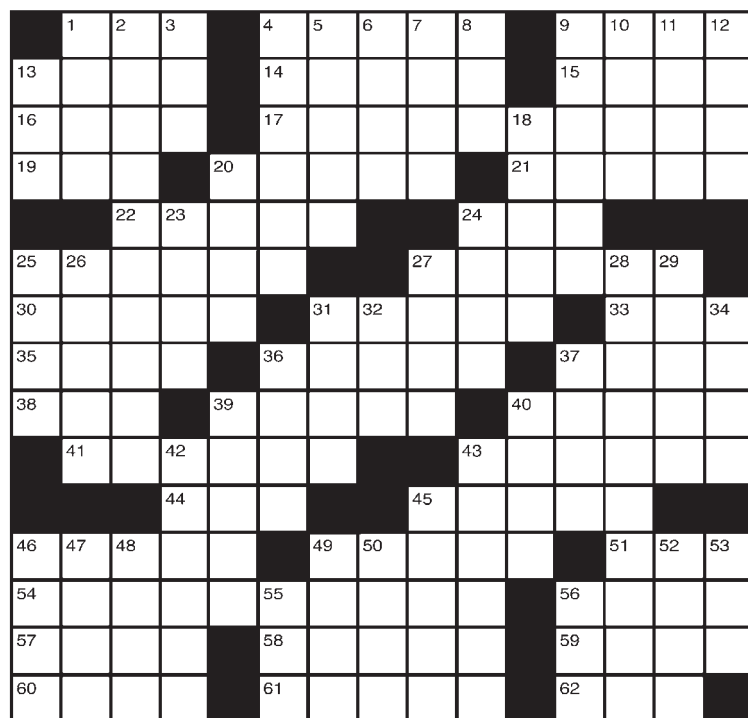
1 Clean the linoleum
4 Hinder the growth of
9 Hard hit
13 Walk the floor
14 Midafternoon
15 Neighbor of Nebraska
16 Costa ____
17 Having qualms about
19 ____ pedestal; lovingly honored
20 Gave a pink slip to
21 Wash off soapsuds
22 Digger's tool
24 Prefix for violent or toxic
25 Painkiller
27 Giggles and guffaws
30 Ascended
31 Look for expectantly
33 "...the ramparts we watched..."
35 Slight coloring
36 On the ____; lurking around
37 "True ____"; John Wayne film
38 Body of water
39 Indy 500 & others
40 Actor Michael ____

41 Santa's vehicle
43 Teases
44 JFK's predecessor
45 Small role for a big star
46 Dwelling
49 Undress
51 Org. for Lakers & Pacers
54 Signed up
56 Commotion
57 Doesn't ____ for; dislikes
58 Run and wed
59 ____ smoothie; healthy shake
60 Brings civil charges against
61 Birch tree variety
62 Not well

DOWN

1 Downtown street name
2 Occurring now and again
3 Split ____ soup
4 Take long steps
5 "Been ____, done that"
6 Egg on
7 Geek
8 20th letter
9 Like a cold sharp wind
10 Cut of pork
11 Possesses
12 Salary
13 In favor of

18 Freshwater fish
20 Destiny
23 One of three tenses
24 Tack
25 Dobbin's dinner
26 Uses a crowbar
27 Regulations
28 Like Across answers in a crossword puzzle
29 Large fish net
31 Part of the foot
32 Misery
34 Mailmen's beats: abbr.
36 Congressional runner
37 Peer
39 Carnival attractions
40 Sleep under the stars
42 Albert & Fisher
43 Oakland athlete
45 Thin pancake
46 Circle portions
47 Suitor
48 Monster
49 Peddle
50 ____ on; trample
52 Invoice
53 "My lips ____ sealed"
55 Actress Leoni
56 ____ boots; Killy's footwear

Powered by
Arkadium

BY TCA

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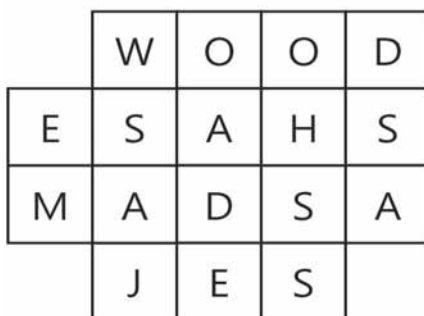
Beam
Enterprise
Khan
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McCoy

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Shatner
Space

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Star Trek
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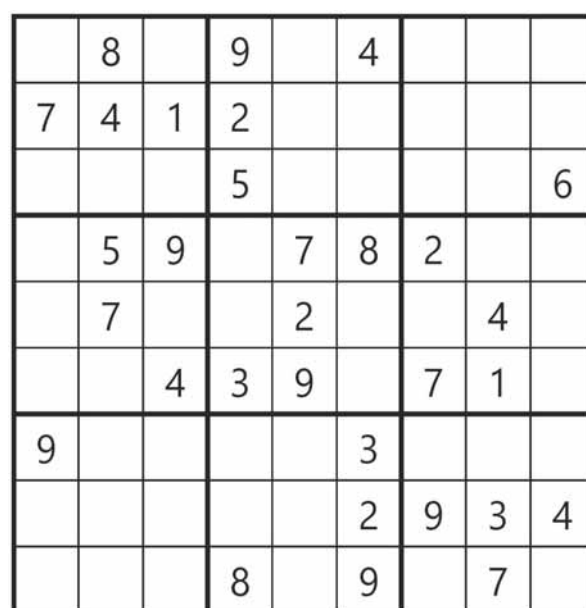
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The background of the entire image is a repeating pattern of pink winged unicorns. Each unicorn is depicted in a running or galloping pose, facing towards the right. They have a light pink body, a darker pink mane and tail, and small, translucent wings. The pattern is dense and covers the entire background.

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The background of the entire image is a repeating pattern of pink winged unicorns. Each unicorn is depicted in a running or galloping pose, facing left. They have a light pink body, a darker pink mane and tail, and translucent, iridescent wings that show hints of green and blue. The unicorns are scattered across the entire frame, creating a dense and whimsical background.

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